



Instant Motivation: The Surprising Truth Behind What Really Drives Top Performance

By Chantal Burns

Pearson Education Limited. Paperback. Book Condition: new. BRAND NEW, Instant Motivation: The Surprising Truth Behind What Really Drives Top Performance, Chantal Burns, 'This will change how you see everything' Linda Swidenbank; Publishing Director, Time Inc (UK) 'Reveals the vital difference between how we really think and how we think we think' Rory Sutherland; Vice Chairman, Ogilvy & Mather This book will change how you think about what drives you to succeed. Groundbreaking new research reveals how your state of mind holds the key to your motivation, success and happiness. Compelling evidence combined with inspiring stories and insights will unlock a powerful new mindset that will instantly boost your performance and open your eyes to what it really takes to excel. 'If you want to power-up your performance, read this book' Shaa Wasmund, author of Stop Talking, Start Doing 'Genuinely transformational' Josh Kricheski, COO MediaCom 'Compelling' David Pugh-Jones, Global Creative Director, Microsoft 'Life-changing!' Sophie Hearsey, Editor, that's life! 'Highly recommended!' Karl Marsden, Managing Director, Shortlist Media Ltd 'Deceptively powerful' Stuart Taylor, CEO Kinetic Worldwide.



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