



## A Recipe for Defeating Disease (Paperback)

By Amber Randleman

Reliable Consulting, United States, 2012. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. A Recipe for Defeating Disease is like no other book. You will be introduced to the lifestyle behavior aspects involved in understanding you, your needs, and your wants; you ll be introduced to the best VITAL MEDICINAL food herb combinations and learn how to use them to defeat diseases such as: ulcers, lupus, diabetes, halt cancer tumors, reduce high blood pressure, treat acid re-flux, lower high cholesterol, alleviate osteoporosis, etc. and lose unhealthy fat weight. Diseases cannot survive in a body that is being nourished by our formulas; you will, also, be introduced to the importance of being physically fit and how to attain it; powerful health weight-loss strategies that are necessary for reaching your goal; and an essential maintenance program to last a life time. Of course, these potent categories will, inevitably, lead to a successful behavior change causing you to reach your goal of being slim, trim and healthy with a 95 chance of keeping unhealthy fat weight off. You will love this book and its approach-A book that defeats obesity and disease! Join...



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