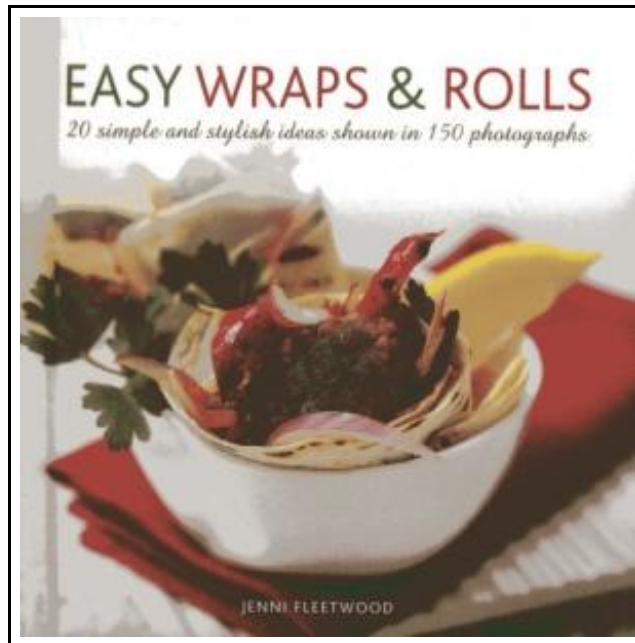


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(Isai Bradtke)

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Anness Publishing, United Kingdom, 2013. Hardback. Book Condition: New. 168 x 166 mm. Language: English . Brand New Book. This title includes 20 simple and stylish ideas shown in 150 photographs. You can discover how easy it is to prepare and present delicious wrapped food. It includes quick and easy edible wraps, from soft tortillas and spicy chapatis to paper-thin spring roll wrappers and sweet lacy pancakes, as well as more exotic ideas, such as dried lotus leaves and corn husks. Chapters include Snacks and Appetizers, Lunchtime Wraps and Gourmet Wraps. A useful introduction covers different types of wraps, preparation and wrapping techniques, and fabulous ways with fillings and sauces. It covers over 150 glorious photographs, both step-by-step to show techniques and stages, and a perfect image of each finished dish. Variations and cook s tips provide extra scope to experiment with ingredients and cooking methods. Wraps are the original fast food. They are easy to make, tasty to eat and ideal for every occasion, from breakfast on the run to a sophisticated supper with friends. Preparing food in its own individual package is also endlessly versatile. Aside from wraps, cute rolls and pretty enclosed parcels make equally delightful options. This fabulous book features plenty of suggestions for superb snacks and meals, with recipe ideas from all around the world. There are moreish mini tortilla cones filled with smoked salmon and soft cheese that are ideal for imprompt parties, hearty beef enchiladas with red sauce and mango salsa for a sustaining luch, and hand-rolled sushi, which is perfect for elegant entertaining. The book also includes recipes with non-edible wrappers such as lotus leaves, and there are some surprising dessert ideas such as coffee crepes with peaches and cream. With easy-to-follow techniques and inspiring photographs, this is the perfect little book...



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