

5-minute First Aid for Sport



Written by the British Red Cross
• Learn first aid in five-minute sections
• Build the confidence to save a life
• Discover the essentials – fast



Book Review

This ebook is worth purchasing. It is written in straightforward words and not hard to understand. You will not feel monotony at any time of your respective time (that's what catalogs are for about in the event you ask me).

(Eileen Kling I)

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